

# FALL CLASSES @ THE J

## INTRO TO CREATIVE MOVEMENT

This class will introduce students to dance and creative movement through games and improvisational scores to get their bodies and imaginations working together.

AGES 4 – 6

TIME Wednesdays, 4:00 – 5:00pm

DATES October 6 – December 17

COST Price: \$150 / Members: \$118

SIGN UP [register.jewishhallianceri.org](https://register.jewishhallianceri.org)  
and search class ID #12880

## SNAPOLOGY: INCREDIBLE INVENTIONS ROBOTICS CLASS

Learn how to use motors, gears, tilt sensors, motion sensors, axles and pulley systems in order to help design, build and program robotic machines to solve every day world problems.



AGES 7 – 10

TIME 4:00 – 5:00pm

DATES October 6 – December 15

COST Price: \$150 / Members: \$120

SIGN UP *Register online at the link below.*

[embed.snapology.com/licensee/43/events/109105](https://embed.snapology.com/licensee/43/events/109105)

## DOWNWARD FACING PUPPIES

(Ages 2–3) Parents and caretakers partner with their toddlers in this fun and imaginative class. Creative movement, songs, stories, props, and puppets make this class a huge hit with kids.

AGES 2 – 3

TIME Thursdays, 10:00 – 10:45am

DATES September 16 – October 21

COST Price: \$120 | Members: \$108

SIGN UP [omkidsyogari.com](https://omkidsyogari.com) / 401.954.4992

## YOGA PRETZELS

(Ages 4–6) Children will learn how to calm themselves and relax with kid friendly breathing exercises and meditations, fun focus games, and age appropriate yoga poses.

AGES 4 – 6

TIME Mondays, 4:00 – 4:45pm

DATES September 13 – October 18

COST Price: \$120 | Members: \$108

SIGN UP [omkidsyogari.com](https://omkidsyogari.com) / 401.954.4992

## PEACE WARRIORS

(Ages 7–12) This yoga class emphasizes mindfulness and self-awareness through challenging yoga poses, creative games, kid friendly meditations and music.

AGES 7 – 12

TIME Tuesdays, 6:00 – 7:00pm

DATES September 14 – October 19

COST Price: \$120 | Members: \$108

SIGN UP [omkidsyogari.com](https://omkidsyogari.com) / 401.954.4992

OM KIDS YOGA

\*MASK GUIDELINES: Please wear a mask when entering and exiting the building, and in the lobbies. At this time, people who are fully vaccinated (meaning you are two weeks after the final dose in your vaccine regimen) are not required to wear a mask during the classes, but should feel comfortable doing so if they choose. Thank you for your cooperation!

